

Square foot seeding spacer template

Instructions for creating the template

Step 1: Cut along dotted lines labeled with scissors that are numbered as 1



Step 2 Connect pages by connecting matching letters and arrows
Tape the pages together at these connecting points.



Step 3 Cut along dotted lines labeled with scissors that are numbered as 2



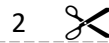
Step 4 Cut out the inner area of the coloured diamonds, circles, and squares



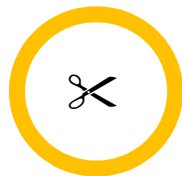
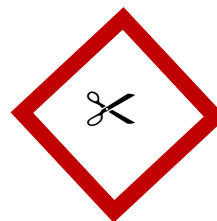
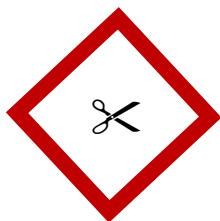
Step 5 Trace the template on to cardboard, wood, or other durable and flat-type of board, that will be good to use for adding seeds to your garden.

Step 6 Make the necessary cuts on the cardboard (or other material) similar to template. Add colour to the shapes on the board to help identify each spacing type.

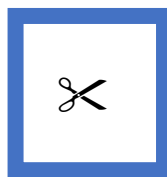
Step 7 Take to the square foot seeding board to the garden to help space out seeds when planting.



2



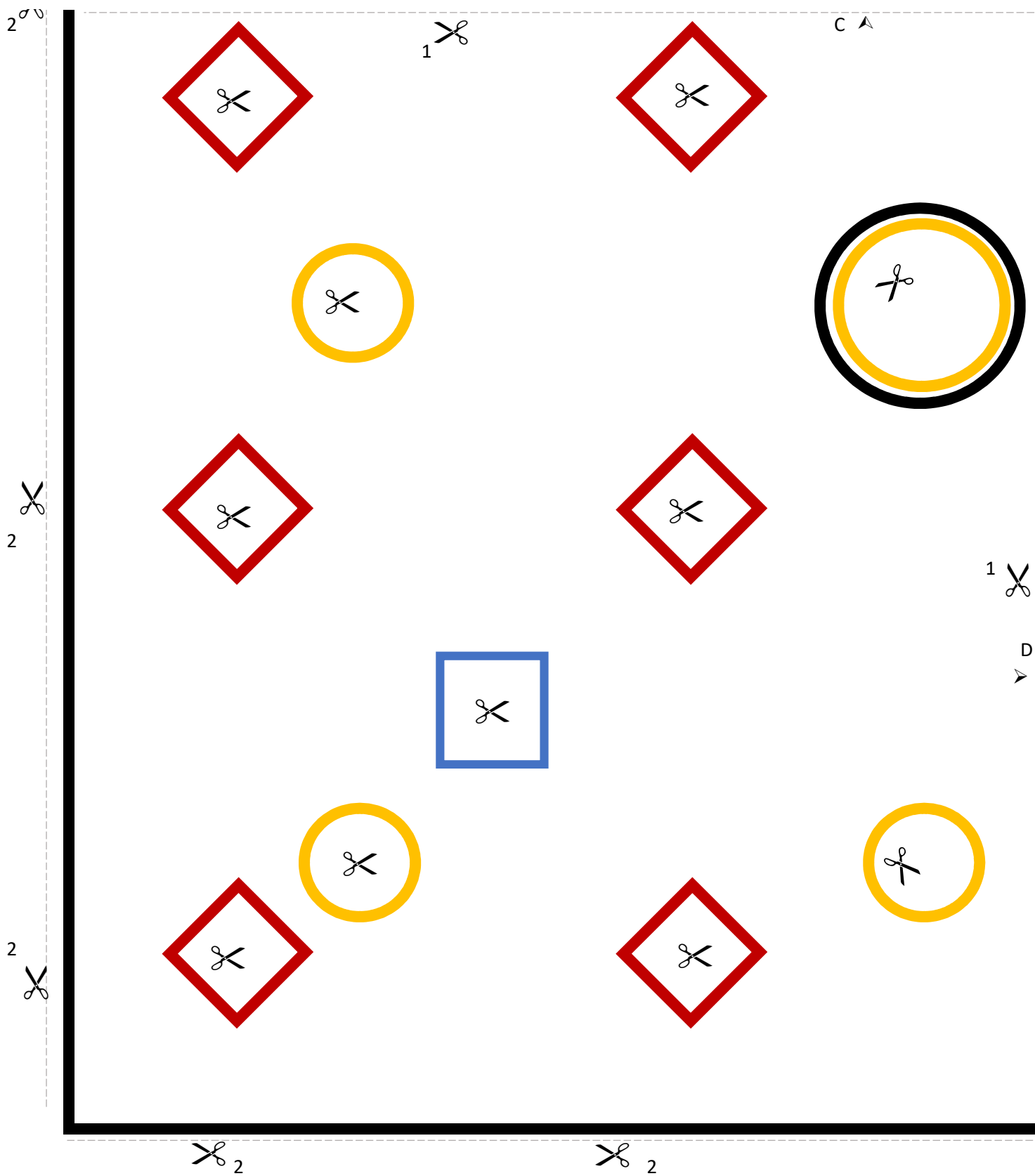
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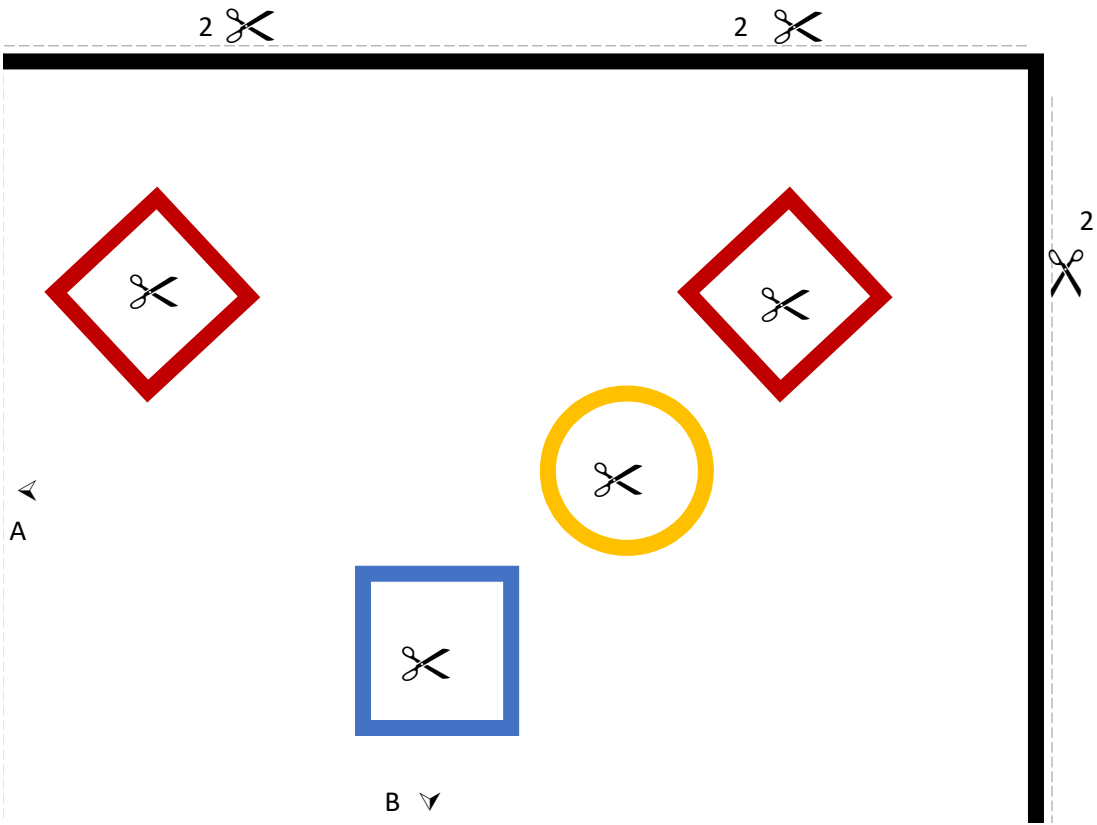


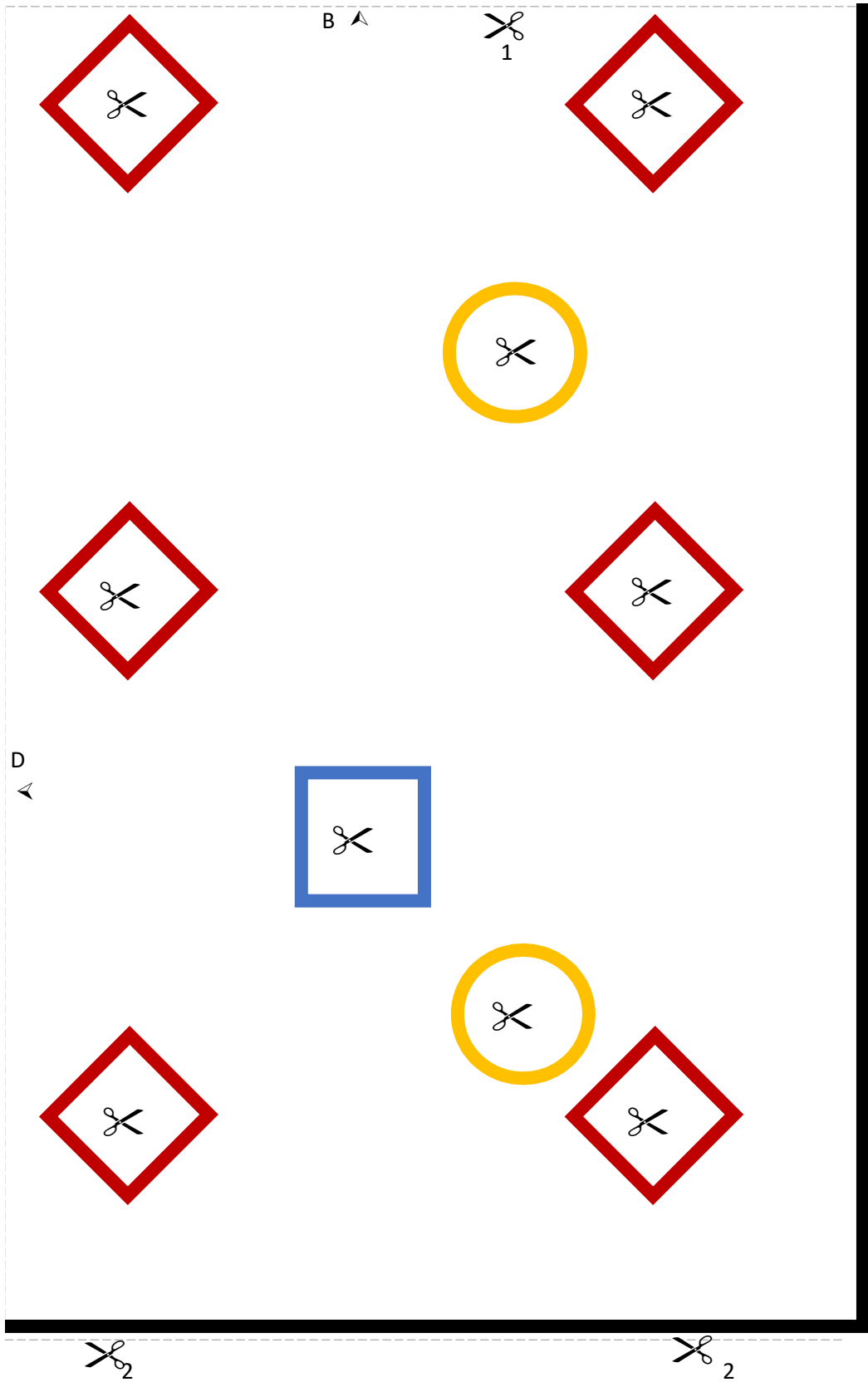
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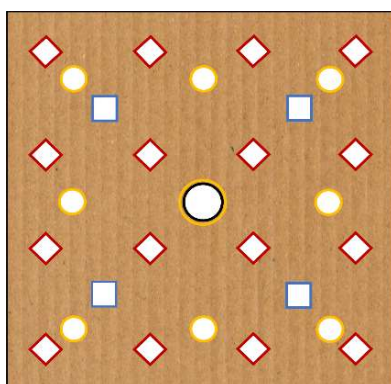
How to use a the seed spacer

Determine the best spacing option for your choice of seeds. For example, The Quick Planting Guide suggests that bean seeds are best planted when using the yellow circle spacing (9 plants per square foot).

Lay the seed spacing board flat on the garden soil. Use a stick or pencil to poke holes in the soil where the shape and colour on the board match your desired spacing. If desired, you can mark the pencil or stick to help estimate how deep to poke holes in the soil. For Example: When planting beans, poke holes through the yellow circles, and have the holes in the soil be 3/4" (2 cm) deep.

Remove the seed spacing board, and drop seeds into the poked holes and cover fill in the holes with soil to finish planting the seeds.

















Move the seed spacing board over and follow the same procedure to plant the next square foot of your garden.



Seed spacing board details

Colour	Shape	Plants per 1ft ²	Plant Spacing
Red	Diamond	16 plants	2 inches (5.1 cm)
Yellow	Circles	9 plants	3 inches (7.6 cm)
Blue	Square	4 plants	5.5 inches (13.1 cm)
Black	Centre circle	1 plant	1 ft (30.5 cm)

Quick Planting Guide

Seed	Plant name	Seed size / description	Seeds/ sq ft	Seed spacing colour & shape	Seed depth
	Carrot	Tiny	16	Red diamonds	1/4" (0.5 cm)
	Dill	Small	16	Red diamonds	1/4" (0.5 cm)
	Radish	Small	16	Red diamonds	3/4" (2.0 cm)
	Bean	Medium	9	Yellow circles	3/4" (2.0 cm)
	Beets	Small	9	Yellow circles	1" (2.5 cm)
	Bok choy	Small	9	Yellow circles	1/4" (0.5 cm)
	Green onion	Stems	9	Yellow circles	Depth of roots
	Lettuce	Tiny	9	Yellow circles	1/4" (0.5 cm)
	Pea	Medium	9	Yellow circles	1" (2.5 cm)
	Spinach	Small	9	Yellow circles	1/2" (1.25 cm)
	Turnip	Small	9	Yellow circles	1/2" (1.25 cm)
	Kale	Tiny	4	Blue squares	1/2" (1.25 cm)
	Swiss Chard	Small	4	Blue squares	1/2" (1.25 cm)
	Rutabaga	Small	4	Blue squares	1/2" (1.25 cm)
	Brussel sprout	Tiny	1	Black center circle	1/2" (1.25 cm)
-	Cabbage	Seedlings	1	Black center circle	Depth of roots
-	Peppers	Seedlings	1	Black center circle	Depth of roots
	Potato	Tubers	1	Black center circle	3 1/2" (9 cm)
-	Strawberry	Seedlings	1	Black center circle	Depth of roots
-	Tomato	Seedlings	1	Black center circle	Depth of roots